** Toddler & Kindy Gym**

**Toddler gym (0-3.5yrs) Tues & Fri 9.15-10.15**

Throughout the class there is group time and free exploration.

This class is a structured class with a coach, having different lesson plans each week.

These classes always require parent participation.

**Kindy gym (3-5yrs) Tues & Fri 10.15-11.15**

Kindy gym provides the opportunity for your child to experience and learn through movement.

Movement based activities – balancing, rolling, running, swinging, jumping and lots more. These activities assist your child’s development of coordination, confidence, creativity and self-esteem. Classes use all traditional gymnastics equipment

-Music and games suited to your child’s developmental needs.

-Different themes to spark your child’s interest